Safeguarding Newsletter

Keeping Everyone Safe

Christmas 2024

School Holiday Support

tootoot

School messaging service if you child is worried

This messaging service is available out of school hours/school holidays

Ask your child if they can login

NOS National Online Safety

Login to your Parent Portal for support with keeping your child/children safe online .

You can also find out about how to talk to your child/children about mental health



Top Tips for a Great Holiday

Top Tips from our Year 6 Pupil Ellie

ChildLine 0800 1111

- Go outside- go for a walk/jog
- Visit Family &/or Friends
- Learn at home - Times Table Rockstars/Interland
- Limit your social time online.
- If you need someone to talk to - talk to a trusted adult or log in to Toot Toot or call Childline

Check on our school website for fun family activities
https://www.ctpschool.org/parents/holiday-activities

Also check on the Tower Hamlets Website Events Page

https://www.towerhamlets.gov.uk/News_events

Support during the Holiday

Holiday time can be fun and also be challenging at the same time for Parents/Carers. If you need any help or support during this time click on the link below

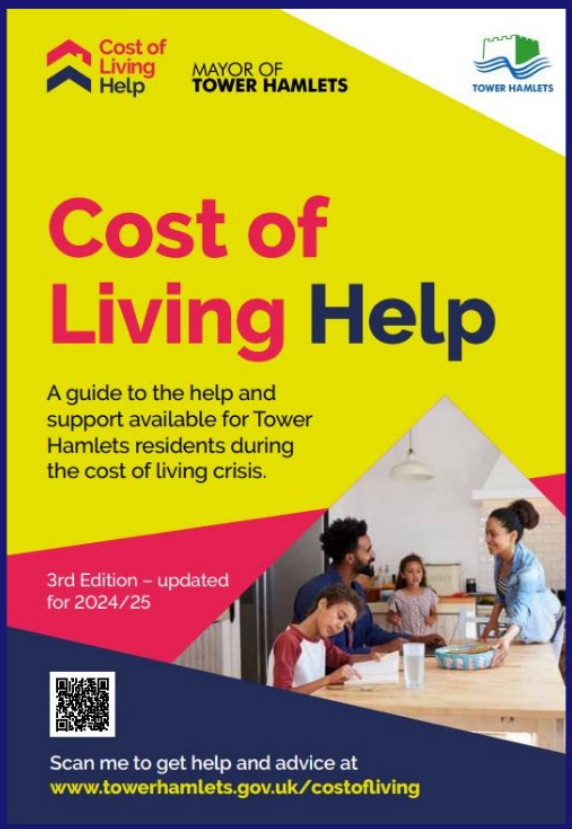
https://sites.google.com/ctjs.org/cubittcomhouse/useful-links?authuser=0

https://www.localoffertowerhamlets.co.uk/blog_articles/2925-winter-break-2024

Holiday time can bring both enjoyment and challenges for Parents/Carers



Visit https://www.oneplusone.org.uk/parents for more information.





Local Foodbanks open during the Holidays



Island Gardens Food Bank/ Parish Pantry

An ecumenical community outreach program run by volunteers coming from St Edmund's Roman Catholic Church and Christ Church Isle of Dogs.

We receive donations from all over the community and are subsidised by local grocers including Asda.

Together we support those in need of food and sundries through the food pantry. We also offer spiritual support for those who need it.

Tuesdays 10.30am-12.00pm (but please check our Calendar)

Donating to the Foodbank





https://www.localoffertowerhamlets.co.uk/blog_articles/2925-winter-break-2024

Other foodbanks are available click on the link above